



## Stay on the Safe Side Behind the Wheel

The 2019 Michigan Impaired Driving Report shows that drug-related crashes are increasing. 70% of drivers had cannabinoids in their systems.

You are not a safe driver when you are under the influence of medical marijuana. Impaired driving is not only illegal – it is also dangerous.

Don't risk your life or others. Stay on the safe side. Don't drive after using medical marijuana.

Driving under the influence of medical marijuana impacts:

- Speed
- Reaction Time
- Concentration
- Following Distance
- Judgment

Avoid impaired driving by:

- Using public transit or a ride share
- Waiting to drive
- Having a designated driver
- Calling a family or friend for a ride
- Staying the night or waiting to leave

### Guidelines for Drivers from the Michigan Regulation and Taxation of Marijuana Act (MRTMA)

- Drivers cannot operate any motor vehicles under the influence
- Drivers cannot consume medical marijuana while operating motor vehicles
- While traveling, medical marijuana must be enclosed in a case stored in the trunk of the vehicle

## When Is It Safe to Drive?

According to a 2018 study out of McGill University, drivers under the influence of cannabis were tested performing a series of driving sequences one, three, and five hours after consumption. The tests proved that drivers performed better after five hours of time had passed.<sup>1</sup>

Another study in 2014 in the Journal of Medical Toxicology recommended waiting eight hours after using medical marijuana to drive.<sup>2</sup>



#### VISIT US

[www.baycounty-mi.gov/  
health/marijuana.aspx](http://www.baycounty-mi.gov/health/marijuana.aspx)

#### Sources

<sup>1</sup><https://cmajopen.ca/content/6/4/E453.full>

<sup>2</sup><https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4141931/>